



# GATEWAY GAZETTE



## Happy New Year Irricana!

As we step into 2026, let's take a moment to reflect on the strength, resilience, and community spirit that define our beautiful town. A new year brings fresh opportunities, renewed energy, and endless possibilities. Together, we can make 2026 a year of growth, connection, and positivity. Through acts of kindness, support for local initiatives, and everyday moments shared with one another, we continue to strengthen the fabric of our community.

Let's embrace the opportunities ahead and keep building a brighter future for Irricana. Wishing you and your loved ones a year filled with health, happiness, and prosperity.

Here's to 2026—may it be a year to remember.

## THANK YOU SNOW ANGELS!

To all the registered and anonymous Snow Angels in our community, thank you for your incredible generosity and dedication. Your selfless efforts to support seniors, individuals facing medical challenges, and neighbours in need truly reflect the spirit of kindness and community.

Because of you, residents can safely access their walkways and driveways, even during the coldest months. Your willingness to step up and help makes our community stronger, warmer, and more connected. We are truly grateful for everything you do.



## Contact Us

**Phone:** (403) 935-4672

**Fax:** (403) 935-4270

**Email:** [irricana@irricana.com](mailto:irricana@irricana.com)

**Mailing:** P.O. Box 100  
222 - 2nd Street  
Irricana, AB, T0M 1B0

## Hours of Operation

**Mon-Thurs:** 8:30am-12:30pm

1:30pm-4:30pm

*Closed 12:30pm-1:30pm Mon-Thurs*

**Fridays:** 8:30am-1:30pm

**(Excluding Holidays)**

**Saturday & Sunday: CLOSED**

## Social Media

Check out our website [www.irricana.com](http://www.irricana.com) or our social media for updates & other helpful information!

**Website:** [www.irricana.com](http://www.irricana.com)

# Town Office Resources

## Garbage & Recycling Schedule

**BLUE = RECYCLING**   **GREY = GARBAGE**

Access a digital download of the 2025 Garbage & Recycling Calendar on our website's Community Services page at [www.irricana.com](http://www.irricana.com) or pick up a printed copy at the Town Office.

### Did you know?

Extra garbage bag tags are available at the Town Office for \$5 each (up to 30 lbs).

January 2026						
S	M	T	W	T	F	F
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Follow us on Facebook & Instagram!

To better reach our community audience, we have official social media channels with information about FCSS programs, Town of Irricana events, and community information!

Follow us @[townofirricana](https://www.facebook.com/townofirricana)

## We Offer Online Payments!

This quick and easy service is available for Irricana Utilities, Property Taxes, and Pet & Business Licenses through your online banking institution.

**Option #1:** Add us as a Payee through online banking by searching for "Irricana," selecting either Utilities or Taxes and entering the account number on your bill. (Note: This service is only available for Town Utilities and Property Taxes.)

**Option #2:** E-transfer to [irricana@irricana.com](mailto:irricana@irricana.com), reference what you're paying for and the account number. (Best for Business & Pet Licenses)

Please note that we do not offer direct billing at this time.

## Welcome New Residents!

Welcome to our new residents in Town! Stop by the Town Office to set up your Town Utilities and Pet Licenses, and receive helpful resources within our community. Can't make it into the office during regular hours? Email us at [irricana@irricana.com](mailto:irricana@irricana.com) and we'll provide you with digital copies and online payment options.

## Register for Utilities E-Billing

Help reduce paper waste and switch to paperless billing! Request the E-billing form by emailing [irricana@irricana.com](mailto:irricana@irricana.com) or visiting the Town Office. Paper copies of bills have a \$5 fee.



# JANUARY



S	M	T	W	T	F	S
28	29	30	31 8:30 am - 12:30 pm OFFICE OPEN 8:30AM - 12:30PM	1 OFFICE CLOSE...	2 Recycling Pickup	3
4	5 7:00 pm Town Council Meeting 7:00 pm - 8:00 pm FitFusion Group Fitness	6	7 10:00 am - 11:30 am Irricana Messy Play & More	8 11:30 am - 1:30 pm Parent & Tots 4:30 pm - 5:30 pm Parent & Tots 7:00 pm - 8:00 pm FitFusion Group Fitness	9 Garbage Pickup	10
11	12 9:00 am - 10:00 am Active Aging: Wellness in our Community (55+) 7:00 pm - 8:00 pm FitFusion Group Fitness	13 10:00 am - 11:00 am Parent Café (0+)	14 4:30 pm - 5:30 pm Children's Yoga (4-10 yrs)	15 11:30 am - 1:30 pm Parent & Tots 4:30 pm - 5:30 pm Parent & Tots 5:30 pm - 7:30 pm (FREE) ENVISIONING with Community Links 7:00 pm - 8:00 pm FitFusion Group Fitness	16 Recycling Pickup 6:30 pm - 7:30 pm Barre in Irricana (6 week program)	17 11:00 am - 2:00 pm FREE Scene Social (18+)
18	19 7:00 pm - 8:00 pm FitFusion Group Fitness 7:00 pm Town Council Meeting	20	21	22 11:30 am - 1:30 pm Parent & Tots 4:30 pm - 5:30 pm Parent & Tots 7:00 pm - 8:00 pm FitFusion Group Fitness	23 Garbage Pickup 6:30 pm - 7:30 pm Barre in Irricana (6 week program)	24
25	26 7:00 pm - 8:00 pm FitFusion Group Fitness	27	28 8:30 am - 3:30 pm PCSS PD Day Camp (5-11 yrs)	29 11:30 am - 1:30 pm Parent & Tots 4:30 pm - 5:30 pm Parent & Tots 7:00 pm - 8:00 pm FitFusion Group Fitness	30 Recycling Pickup 6:30 pm - 7:30 pm Barre in Irricana (6 week program)	31





**FREE**

**Come Bake with Us!**



*Scone  
Social*

*Jan. 17th*  
*11am - 2pm*

Irricana Lions Community Hall  
300 1<sup>st</sup> Street

Join us for an adult-only (18+) Baking Scones Social designed to bring community members together in a welcoming and supportive environment. This FCSS-supported program encourages social connection, skill-building, and positive well-being as participants learn how to bake scones while engaging in meaningful conversation. Enjoy a relaxed, inclusive atmosphere with refreshments and a light snack provided as we strengthen community ties and foster a sense of belonging.

Registration is limited - claim your spot today! Register by January 13<sup>th</sup> at 4PM  
Contact [FCSS@irricana.com](mailto:FCSS@irricana.com) for questions.

*Register*  
→



[https://townofirricana.getcommstat.com/member/parent\\_programs/2720](https://townofirricana.getcommstat.com/member/parent_programs/2720)





What is FCSS? When you see this Logo, these programs, events and or services are hosted, sponsored or funded by Irricana FCSS. **Family and Community Support Services** (FCSS) is a joint Municipal/Provincial partnership that funds preventive social service programs.

#### FCSS Programs



### Christmas on Main



What an incredible evening at Christmas on Main! Thank you to everyone who stopped by the Town Office on Friday night—your energy and holiday cheer truly brought our community to life. We were thrilled to welcome over 70 residents who came through to decorate crafts and cookies together.

A big thank you to Pixie Dust Parties for the magical face painting at the Playschool Christmas Market, and to Alto Fireworks for an amazing fireworks display that lit up the night sky.

We are so grateful for our residents, volunteers, and local partners who made this festive night so special. A big thank you to the Irricana Ladies Club for organizing Christmas on Main, and to our local businesses for their ongoing support.



### Kindness Kits - Randoms Acts of Kindness

This heartwarming initiative entered its fourth year in the Town of Irricana and encouraged residents to uplift one another through positive words. Community members shared messages of hope, encouragement, and kindness, which were displayed on the Town Office windows—transforming the space into a vibrant showcase of goodwill.

The messages will remain on display until the end of January, spreading cheer throughout the winter months and reminding everyone how small, thoughtful gestures can strengthen connection, resilience, and community spirit.



### Register to become an Irricana Snow Angel!

It's not too late to register as a Snow Angel for the upcoming winter season. Early registration helps us respond quickly and match support to residents as soon as the snow arrives.

We're looking for additional Snow Angels who can occasionally assist neighbours who are unable to clear their walkways. Even a small contribution of your time can make a meaningful difference in keeping our community safe and accessible throughout the winter.

Scan the QR code to register as an Irricana Snow Angel or to request Snow Angel assistance. For more information, email [fcss@irricana.com](mailto:fcss@irricana.com).

Lawn signs for residents requesting Snow Angel support will be available at the Town Office once the first snowfall arrives.

#### Register Online





# Local Supports

Do you know where to find local support for childcare, employment, education, mental health, abuse, or food insecurity?



## Emergency & Crisis

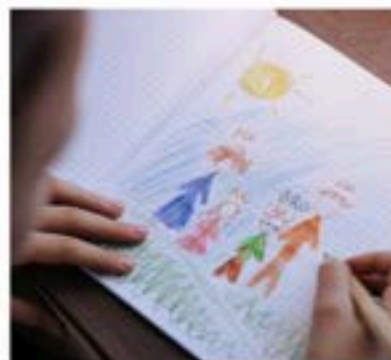
Emergency: 911  
Alberta Mental Health Help Line: 811  
Poison Control: 1 (800) 332-1414  
Crime Stoppers: 1 (800) 222-8477  
Kids Help Phone: 1 (800) 668-6868  
Airdrie & District Victim Assistance: (403) 945-7290

## Mental Health & Addictions

Distress Center: (403) 266-4357  
Togetherall: [www.togetherall.com](http://www.togetherall.com)  
AHS Mental Health Helpline: 1 (877) 303-2642  
Access Mental Health: (403) 948-3878  
Alcoholics Anonymous: (403) 777-1212

## Food & Clothing

Irricana Food Bank: (403) 935-4911  
Airdrie Food Bank: (403) 948-0063  
Good Food Box Program: (403) 275-0258  
Community Links: (403) 945-3900



## Children & Youth Services

**Kids Help Phone**  
1 (800) 668-6868

**Child Abuse Hotline**  
1 (800) 387-5437

**Distress Center Connecteen**  
(403) 264-8336

**Kidsport Canada of Jumpstart**  
(587) 434-5428

**Hope Homes (Youth 15-18)**  
(403) 280-6293

**Big Brothers & Big Sisters**  
(403) 777-3535

**Irricana Playschool Association**  
(403) 935-4727

**Seeds to Sprouts Kindergarten**  
(403) 945-0028

**RVS Mental Health Capacity Building**  
(403) 945-4000

## Family Services

**ClosetoHomeCommunity Services**  
(403) 543-0550

**Community Links**  
(403) 945-3900

**Airdrie & District Victim Assistance**  
(403) 945-7290

**Child Maintenance Enforcement**  
(780) 422-5555

**Childhood Development Concerns/Pediatric Rehabilitation Line Health Link**  
811

**Best Beginnings Pregnancy Support**  
(403) 228-8221

**Airdrie Disability Resource and Awareness Centre**  
(403) 926-5240

## Senior Services

**Rocky View Regional Handibus**  
(403) 948-2887

**Seniors Outreach Services**  
(403) 443-2555

**Service Canada**  
1 (800) 277-9914

**Alberta Supports Contact Center**  
1 (877) 644-9992

**Rocky View Foundation (Seniors)**  
(403) 945-9724

**Kerby Center Senior Abuse Line**  
(403) 705-3250

**Community Links**  
(403) 945-3900

**FCSS Irricana (Family and Community Support Services)**

Reach out with any questions or concerns:  
[FCSS@irricana.com](mailto:FCSS@irricana.com)

# IRRICANA REC CENTRE PROGRAMS

The Irricana Rec Centre offers Registered Programming for Fall/Winter 2025. Visit our website for more information!

## Irricana Rec Centre

302-3rd St. Irricana, AB T0M 1B0

## Registered Fitness Programs

### FitFusion Small Group Fitness

Ages 18+

FitFusion is a versatile, high-energy class designed for small groups combining elements of strength, cardio, and flexibility. This class is perfect for participants of various fitness levels, focusing on overall health, conditioning, and fun! FitFusion aims to create a supportive, yet challenging environment where participants can achieve their fitness goals while having fun and building camaraderie within the group. Everyone is welcome!

#### Dates:

**Monday's 7-8PM**

**Thursday's 7-8PM**

#### Register Here

[https://townofirricana.getcommunal.com/member/parent\\_programs/1833](https://townofirricana.getcommunal.com/member/parent_programs/1833)



### 6 Week Barre Sessions

Ages 18+

Set the stage for a strong and vibrant 2026 with a dedicated barre program that blends controlled movement, muscle toning, and mindful strength. Start the year feeling balanced, motivated, and ready to take on your goals. Barre is a low-impact, full-body workout that blends ballet-inspired movement with strength and stability training. Using small, controlled motions, it targets the core, glutes, and legs to create long, lean, and strong muscles.

#### Dates:

**Friday's 6:30-7:30PM**

#### Register Here

[https://townofirricana.getcommunal.com/member/parent\\_programs/2679](https://townofirricana.getcommunal.com/member/parent_programs/2679)



### Children's Yoga

Ages 4-10 years

Through movement, mindfulness, and play, children learn to strengthen both body and mind. Kids Yoga encourages focus, balance, and emotional awareness while helping little ones connect positively with others. Through teamwork, creativity, and fun, kids build confidence, friendships, and a sense of belonging — all while having a great time!

Space is limited and registration is required.

#### Dates:

**January 14<sup>th</sup>, 4:30-5:30pm**

#### Register Here

[https://townofirricana.getcommunal.com/member/parent\\_programs/2492](https://townofirricana.getcommunal.com/member/parent_programs/2492)





**Communal** is the Town of Irricana's online hub for all registered programs and events happening in the community. It brings together offerings from the Town, FCSS Irricana, and our interagency partners and local organizations in one easy-to-use place. Residents can browse upcoming opportunities, view full event details, and register for programs online.



**Registered Programming Found In Communal**



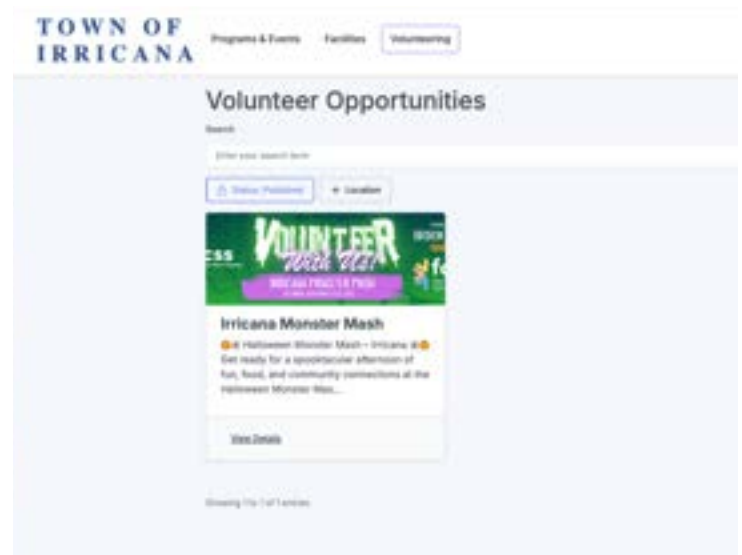
[https://townofirricana.getcommunal.com/parent\\_programs](https://townofirricana.getcommunal.com/parent_programs)

**The Volunteer Hub** in **Communal** is a central place to explore all volunteer opportunities with the Town of Irricana, local organizations, and interagency partners. Residents can sign up for volunteer roles directly through Communal or view contact information for other opportunities. Community groups and partner organizations can also list their volunteer opportunities in Communal by reaching out to Brook at [bswanson@irricana.com](mailto:bswanson@irricana.com), giving residents another easy way to get involved.

**Volunteer Hub Found In Communal**



<https://townofirricana.getcommunal.com/volunteer-opportunities>





# IRRICANA RENTAL SPACES

**BOOK ONLINE!**

## FIND THE PERFECT SPACE FOR YOUR NEXT EVENT OR PROGRAM!

Have you been searching for a space for a birthday party, family gathering, wedding reception, meeting, or fitness/dance class? **Look no further than right here in Irricana!** With two facilities with various rooms and spaces, we have the perfect fit for your next event.\* Discounts for local non-profits and long-term rentals are available.

View our facilities online where you can conveniently view availability, easily find the cost of rentals, view all forms, insurance requirements, cleaning checklists, and more with easy invoicing.

\*SOME SPACES ARE NOT AVAILABLE DURING THE CURLING SEASON HOWEVER PLEASE REACH OUT TO [RENTALS@IRRICANA.COM](mailto:RENTALS@IRRICANA.COM) TO SEE WHAT ALTERNATIVE SPACES COULD BE AVAILABLE.

✓ **Irricana Recreation Centre**

✓ **Irricana Lions Community Hall**



FOR MORE INFORMATION ON RENTAL SPACES EMAIL [RENTALS@IRRICANA.COM](mailto:RENTALS@IRRICANA.COM) OR VISIT [WWW.TOWNOFIRRICANA.GETCOMMUNAL.COM/FACILITIES](http://WWW.TOWNOFIRRICANA.GETCOMMUNAL.COM/FACILITIES) TO BOOK ONLINE.



LOOKING FOR A LARGE HALL SPACE FOR A VARIETY OF EVENTS INCLUDING WEDDINGS & WEDDING RECEPTIONS, PARTIES, FAMILY REUNIONS, FUNDRAISERS, FUNERALS, AND CELEBRATIONS? CHECK OUT THE IRRICANA LIONS COMMUNITY HALL!



ARE YOU A SPORTS GROUP / LOCAL ORGANIZATION OR NON-PROFIT LOOKING FOR SPACE TO HOLD YOUR MEETINGS, CHECK OUT THE AFFORDABLE MEETING ROOM AT THE IRRICANA REC CENTRE!

ARE YOU A FITNESS INSTRUCTOR LOOKING TO BRING GREAT COMMUNITY PROGRAMMING TO IRRICANA? CHECK OUT THE FITNESS SPACE AT THE IRRICANA REC CENTRE TO HOST YOUR PROGRAMS!

**Request Space**





## IRRICANA UNITED CHURCH

### What's Happening at Irricana United Church

Join us January 11 at 3 PM for an unforgettable afternoon with Tim Isberg. Originally from Southern Alberta, veteran soldier and singer-songwriter Tim Isberg brings a powerful Americana sound blending Alt-Country, Roots and Contemporary Folk, sharing stories that connect deeply with every audience.

Tickets: \$35 | Purchase by emailing [treasurer.irricanaunited@gmail.com](mailto:treasurer.irricanaunited@gmail.com)

Church will be closed on December 28th and open January 4th, 2026.

**Service Time:** 10:30am Worship | Coffee & Conversation to follow service. Children's ministry is offered during service. Located on Hwy 567 between Airdrie and Irricana AB-567 & Range Rd 274



## IRRICANA CHAMBER OF COMMERCE

The Irricana Chamber of Commerce is a group of local businesses supporting local businesses and the community. Are you a local business owner? Come join us at the next Chamber of Commerce meeting! Meetings are every second Tuesday of the month. Learn about all the exciting benefits a Chamber can bring to your business. Contact the Chamber by emailing [info@irricanachamber.ca](mailto:info@irricanachamber.ca).

**Date:** Second Tuesday of each month.

**Time:** 7:30pm

**Location:** Irricana Rec Centre (Upper Meeting Room), 302-3rd Street



## IRRICANA PLAYSCHOOL AND ECS

The Irricana Playschool Association and Kindergarten programs are held at the Irricana Lions Community Hall, 300 1st Street. These programs run from September to June and follow the Rocky View Schools calendar.



For more information:

Irricana Playschool Association - [irricanaplayschool@gmail.com](mailto:irricanaplayschool@gmail.com)

Kindergarten Seeds to Sprouts - [tracy@seedstosprouts.org](mailto:tracy@seedstosprouts.org)



## IRRICANA LADIES CLUB

The Irricana Ladies Club meets on the first Wednesday of each month at the KIK building at 7:00 pm.



**FREE Parent Cafe**

Parents/caregivers and children 0+

**Date & Time:** Tuesday, Dec, 13<sup>th</sup> 2026 | 10am-11am**Location:** Irricana Lions Community Hall

Parent Café is a warm and welcoming space where parents can connect over coffee, conversation, crafting, and shared experiences, while their little ones stay engaged with a variety of fun gross and fine motor activities.

As the children explore and play, parents can build meaningful connections with others in the community. Whether you're looking to gain support, share your journey, or simply enjoy some adult conversation, Parent Café is the perfect place to come together, recharge, and make lasting friendships.

Join us for connection, and coffee — all in one cozy, supportive space.

Register Online

**Register Online:**
[https://townofirricana.getcommunal.com/member/parent\\_programs/2020](https://townofirricana.getcommunal.com/member/parent_programs/2020)
**FREE Irricana Beyond Messy Play (Drop In)**

Parents/caregivers and children 0-12yrs

**Date & Time:** Wednesday, Jan. 7<sup>th</sup>, 2026 | 10am-11:30am  
 Wednesday, Jan. 7<sup>th</sup>, 2026 | 5:30pm-7pm
**Location:** Irricana Lions Community Hall, 300 1<sup>st</sup> St

This program brings people of all ages together to build connection, strengthen families, and break down age-based stereotypes. Child-led play supports social and cognitive development, independence, intrinsic motivation, and resilience. A Parent Coach will offer parenting insights, answer questions about child development and behaviour, and share information on community programs, events, and resources.

Register Online



Community Links

**Register Online:**
<https://mycommunitylinks.ca/programs/beyond-messy-play-in-irricana-drop-in>
**FREE Beiseker Music & Messy Play**

Parents/caregivers and children 0-5yrs

**Date & Time:** Wednesday, Jan. 28<sup>th</sup>, 2026 | 10am-11:30am**Location:** Community Links Beiseker | 401 5th St

Did you know all children learn through play? Do you want to get out of the house and connect with other families? This child-led group is for parents and children 0 – 5 years. This program will be offered once every month. We will enjoy play-based activities, songs, and stories. A Parent Coach will provide information on parenting topics, information on upcoming community programs and events, answer your questions about your child's behaviour and development, as well as direct you to other services.

Register Online

**Register Online:**
<https://mycommunitylinks.ca/programs/music-messy-play-in-beiseker>


Community Links

**Irricana & Rural Municipal Library**
**IRRICANA &  
RURAL  
MUNICIPAL  
LIBRARY**
**Phone:** (403) 935-4818**Email:** [aimanager@marigold.ab.ca](mailto:aimanager@marigold.ab.ca)

# ACTIVE AGING

## WELLNESS IN OUR COMMUNITY

### SENIOR FITNESS 55+

STAY ACTIVE AND CONNECTED AT OUR MONTHLY SENIOR STROLL & STRENGTH CLASS, PROUDLY OFFERED THROUGH IRRICANA FCSS! WE'LL START WITH INDOOR WALKING LAPS AND FINISH WITH FUN, LOW-IMPACT CHAIR EXERCISES DESIGNED TO BOOST STRENGTH, BALANCE, AND CONFIDENCE—ALL IN A WELCOMING AND SUPPORTIVE ENVIRONMENT THAT ENCOURAGES COMMUNITY CONNECTION AND WELL-BEING



#### WINTER SESSIONS:

**SESSION 1: JANUARY 12TH**

**SESSION 2: FEBRUARY 9TH**

**SESSION 3: MARCH 9TH**

**MONDAY**  
**9AM–10AM**



#### REGISTRATION:

SCAN THE QR CODE  
OR EMAIL  
FCSS@IRRICANA.COM

DEADLINE: JANUARY 6<sup>TH</sup>, 4PM



[HTTPS://TOWNOFIRRICANA.CA/ETCOMMUNAL.COM/MEMBER/PARENT\\_PROGRAMS/2664](https://townofirricana.ca/etcommunal.com/membership/parent_programs/2664)



# Fast Facts

## 1 UNIQUE PARTNERSHIP

A partnership built on a shared commitment to prevention.

Funding comes from:



**80%**

Government of Alberta



**20%**

Municipalities & Métis Settlements

## Prevention Focus

FCSS programs *must be preventive* in nature. Prevention:

-  Strengthens protective factors
-  Promotes well-being
-  Reduces vulnerabilities
-  Enhance quality of life
-  Empower people to meet life's challenge

## 2 LEVELS of PREVENTION



### FCSS DOES FUND

#### PRIMARY prevention

**Tackling root causes**

e.g., Workshops on parenting and employability

#### SECONDARY prevention

**Early intervention**

e.g., Short-term prevention counselling



## FCSS in Action






### FCSS DOES NOT FUND

#### TERTIARY prevention

**Crisis response or direct aid**

e.g., Food banks, financial assistance Services that are:

-  Already provided by government
-  Recreational or rehabilitative
-  Direct assistance (money, shelter, food)



## 3 GUIDING FRAMEWORKS

## FCSS Governance



### FCSS Act

Provides legal authority & funding structure



### FCSS Regulation

Outlines operational rules & expectations



### Accountability Framework

Measures impact & ensures alignment



**fcssaa**  
Family and Community Support  
Services Association of Alberta

*Did you know: FCSS programs reach more than 300 communities across Alberta. Check out the Impact*





JOIN FCSS IRRICANA

# KIDS CONNECT PD DAY CAMP

Ages  
5-11



**JANUARY 28, 2026**  
**8:30 AM - 3:30 PM**

**\$30**

Hosted by FCSS Irricana, this PD Day Camp provides a safe and supportive environment where children engage in fun, developmentally appropriate activities that promote resiliency, positive social development, and healthy relationships. Through guided play, group activities, and creative experiences, children are encouraged to build confidence, strengthen social skills, and develop positive connections with peers. A light snack will be provided; children are to bring their own packed lunch.



## REGISTRATION:

SCAN THE QR CODE  
OR EMAIL

**FCSS@IRRICANA.COM**

REGISTRATION CLOSES  
JANUARY 21ST, 2026 AT 4:30 PM

[HTTPS://TOWNOFIRRICANA.GETCOMMUNAL.COM/MEMBER/PARENT\\_PROGRAMS/2696](https://townofirricana.getcommunal.com/member/parent_programs/2696)





**IRRICANA  
REC CENTRE**

**REGISTERED  
PROGRAM  
BARRE**

YOGA PURE  
&  
BARRE

# 6 WEEK WINTER SCULPT

**JAN 12TH – FEB 20TH 2026**

## 6 WEEK BARRE PROGRAM

Set the stage for a strong and vibrant 2026 with a dedicated barre program that blends controlled movement, muscle toning, and mindful strength. Start the year feeling balanced, motivated, and ready to take on your goals.

### WHAT IS BARRE?

Barre is a low-impact, full-body workout that blends ballet-inspired movement with strength and stability training. Using small, controlled motions, it targets the core, glutes, and legs to create long, lean, and strong muscles.

### CLASS DAYS & TIMES

**FRIDAY, 6:30PM–7:30PM**

**JANUARY 16, 23, 30 | FEBRUARY 6, 13, 20**

### PRICING

**\$105**



### REGISTRATION:

**SCAN THE QR CODE  
OR EMAIL**

**[IRRICANA@IRRICANA.COM](mailto:IRRICANA@IRRICANA.COM)**

**REGISTRATION & PAYMENT DEADLINE:**

**JAN. 6, 2026 AT 4PM**

**\* MINIMUM 4 PARTICIPANTS PER CLASS**

[HTTPS://TOWNOFIRRICANA.CETC.  
OMMUNAL.COM/MEMBER/PAREN  
T\\_PROGRAMS/2679](https://TOWNOFIRRICANA.CETC.OMMUNAL.COM/MEMBER/PARENT_PROGRAMS/2679)

**IRRICANA REC CENTRE  
302–3RD STREET, IRRICANA, AB T0M 1B0**

**(403) 935–4672  
[WWW.IRRICANA.COM](http://WWW.IRRICANA.COM)**

**TOWN OF  
IRRICANA**



# REGISTER FOR FREE TODAY

## WHAT IS VOYENT ALERT!?

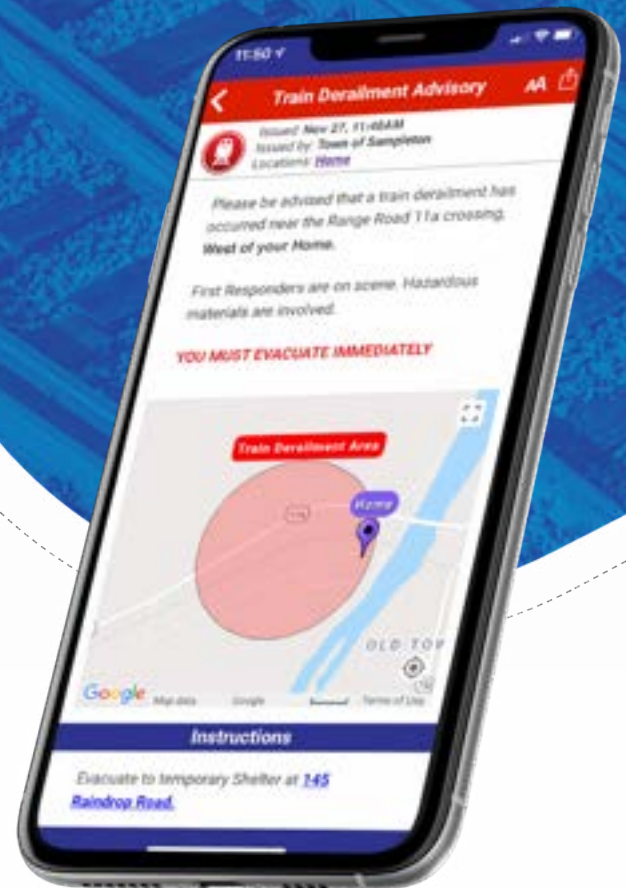
Voyent Alert! is a multi-purpose communication service provided by the Town of Irricana to keep you informed of critical events like fires or floods as well as day-to-day communications such as road maintenance and closures, water advisories, etc.

### NOTIFICATION SERVICE



## WHAT CAN YOU EXPECT

<b>PERSONALIZED COMMUNICATIONS</b>	VoyentAlert! provides informative communications. Critical information such as the distance and direction from an incident, and preferred evacuation routes from your followed locations may be provided.
<b>FOLLOW MULTIPLE LOCATIONS</b>	Voyent Alert! allows you to create and follow multiple locations such as "Kids School" or "Mom's House". Any event or communication related to your followed locations will be forwarded to you along your preferred communication channel.
<b>COMMUNICATIONS YOUR WAY</b>	Receive alerts over a wide variety of communication channels including mobile apps, text/SMS alerting, email or voice dial. You can register for one or more communication channels.
<b>NO MESSAGE FATIGUE</b>	Smart alerting capabilities ensure that you will only get notified when a communication is relevant to your or one of the locations you are following.
<b>EASY REGISTRATION</b>	Registration for the service is FREE, simple and anonymous.



REGISTER NOW!



### MOBILE APP USERS

Download and install the Voyent Alert! app from the Apple App or Google Play stores.



Scan the QR code to register online to receive email, voice or text-based alerts.