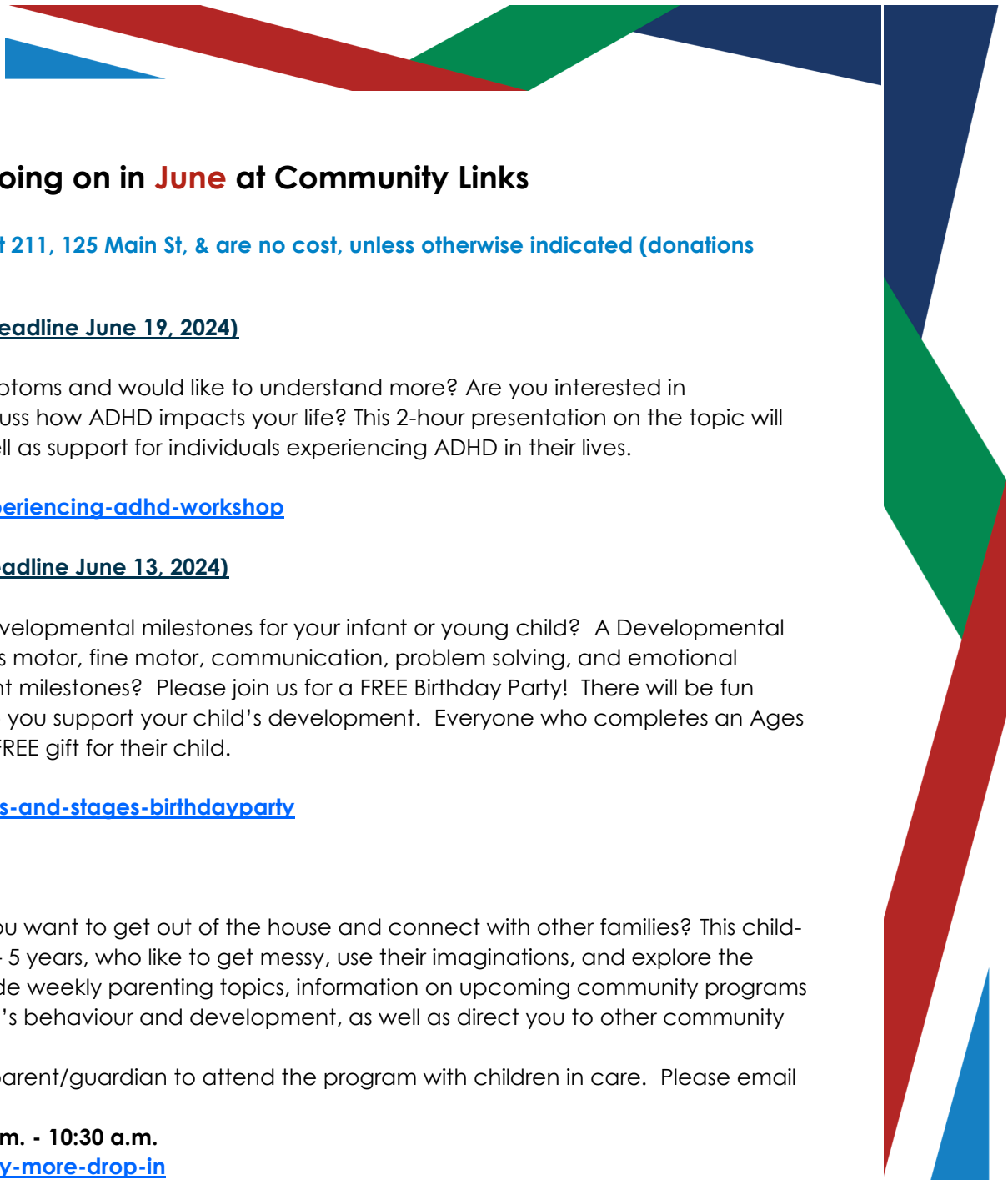




CommunityLinks



What is going on in June at Community Links

*Please note all Programs/Workshops will be held at 211, 125 Main St, & are no cost, unless otherwise indicated (donations gratefully accepted).

Adults Experiencing ADHD Workshop (registration deadline June 19, 2024)

18+

Have you been diagnosed with ADHD or have symptoms and would like to understand more? Are you interested in connecting with other community members to discuss how ADHD impacts your life? This 2-hour presentation on the topic will offer education, coping tools, and strategies, as well as support for individuals experiencing ADHD in their lives.

Wednesday, June 26, 2024, 6:00 pm - 7:30 pm

<https://mycommunitylinks.ca/programs/adults-experiencing-adhd-workshop>

Airdrie Ages & Stages Birthday Party (registration deadline June 13, 2024)

For parents/caregivers and children 0-5 years

Are you curious to know when to expect typical developmental milestones for your infant or young child? A Developmental Check-Up offers you a snapshot of your child's gross motor, fine motor, communication, problem solving, and emotional skills. Would you like to celebrate your child's current milestones? Please join us for a FREE Birthday Party! There will be fun activities, a birthday snack, and information to help you support your child's development. Everyone who completes an Ages & Stages Questionnaire at the event will receive a FREE gift for their child.

Thursday, June 20, 2024, 10:00 am - 11:30 am

<https://mycommunitylinks.ca/program/airdrie-ages-and-stages-birthdayparty>

Messy Play and More (drop-in)

For parents/caregivers and children 0 - 5 years

Did you know all children learn through play? Do you want to get out of the house and connect with other families? This child-led group is for parents/caregivers and children, 0 – 5 years, who like to get messy, use their imaginations, and explore the world around them. During this group, we will provide weekly parenting topics, information on upcoming community programs and events, answer your questions about your child's behaviour and development, as well as direct you to other community resources.

Caregivers **MUST** have written permission from the parent/guardian to attend the program with children in care. Please email info@nrvc.ab.ca to request a form to complete.

Mondays - Wednesdays, until June 26, 2024, 9:00 a.m. - 10:30 a.m.

<https://mycommunitylinks.ca/programs/messy-play-more-drop-in>

FAMILY MESSY PLAY and MORE (drop-in)

For parents/caregivers and children 0 – 8 years

Thursdays, until June 27, 2024, 5:30 p.m. – 7:00 p.m.

<https://mycommunitylinks.ca/programs/messy-play-more-drop-in>

Join the Conversation with the Alzheimer's Group (for caregivers and their "person")

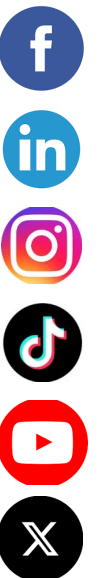
Conversations Café, June 7, 2024, 1:30 p.m. - 3:30 p.m.

211, 125 Main St. Airdrie (room 201)

Contact Margie @ 403.404.6667 for more information



Dreams are meant to be shared, and we invite you to be a part of something truly extraordinary! Save the date for "A Million Dreams for Airdrie" - a fundraising event presented by the Airdrie Registry and Brella Vida in support of Community Links. Join us on **August 23rd** as we gather at Brella Vida in Airdrie to make a difference in our community. Get ready for an evening of enchantment, entertainment, and endless possibilities. Stay tuned for all the exciting details!



Please note that our offices will be closed:

Monday, June 17.
Office closed from
12:00 pm - 4:30 pm

Airdrie Office: 211-125 Main Street NW T4B 0P7
Phone: 403.945.3900 or 1.866.945.3905 Fax: 403.945.3901
www.mycommunitylinks.ca

Beiseker Office: #1, 401 - 5th Street
Phone: 403.947.2841 or 1.866.945.3905 Fax: 403.947.2839